

WE CLAIM:

1. A fork block for securing the fork of a bicycle comprising

a body,

a skewer mounted to the body,

5 a cam follower slidably mounted on the skewer,

a cam lever pivotally mounted on the skewer adjacent the cam follower and operable upon rotation to reciprocally shift the cam follower on the skewer, wherein the body further includes a cap that is held on by the skewer thereby preventing disassembly of the body.

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2. The fork block of claim 1, wherein the cam lever further carries a lock to selectively secure the cam lever to the cam follower.

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3. The fork block of claim 1, wherein the skewer must be at least partially removed from the body to remove the body from a crossbar.